



THE BIG ISLAND ROAD RUNNERS PRESENTS

Hawaii Island United Way Resolution 5k Run/Walk

January 7, 2012

8:00 a.m. Start



Hilo Start: Lili'uokalani Park (Near Hilo Hawaiian) **Kona Start:** Old Kona Airport (Near Park)

The Big Island Road Runners proudly hosts this "Electrifying" run to benefit our Hawaii Island United Way (HIUW). Along with the generosity of HELCO, we thank you for making a commitment to "Energize your life" and the life of our community!

100% net proceeds will stay on the Big Island; targeting 53 HIUW locally funded programs!

Hilo Course: Start at Lili'uokalani Park via Banyan Drive, Ice Pond, Kalaniana'ole Ave to turnaround.

Kona Course: Start at the Old Kona Airport via walking/jogging path, Kuakini Hwy to turnaround.

Entry Fee: \$25 per person / \$15 for students & those under 18 w/parent signature if registration & payment is postmarked by 12/31/11 (\$35 thereafter) .

Race Day Registration & Check-in: 7:00 am to 7:45 am

Drawing for 10 Random Prizes!
Anyone could be a winner!

Checks payable to: **B.I.R.R. (Big Island Road Runners)**
P.O. Box 1381
Hilo, HI 96721

1st Place
Overall Finisher
Award To
Top Male &
Female!

For more information contact: Alan Ryan @ (808) 962-6044 or visit: www.bigislandroadrunners.org
Or the HIUW office @ (808) 935-6393 and visit www.HIUW.org to print a registration form

First Name (Print)

Last Name (Print)

Address: _____ City: _____ State: _____ Zip Code: _____

E-mail: _____ Phone: _____

***T-Shirt Size:** S M L XL 2X (Please circle)

Race Location: Hilo Kona (Please circle)

*Shirt size not guaranteed if entry form is postmarked after 12/31/11

Event Waiver

Event Waiver must be read and signed BEFORE mailing: I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting entry, I, for myself and anyone entitled to act on my behalf, waive and release the Big Island Road Runners, the County of Hawaii, the State of Hawaii, and all sponsors, their representatives and successor from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are non-refundable. Resolution of appeals is the decision of the race director.

Signature of Participant or if under 18, Signature of Parent or Legal Guardian

Date: _____



Hawaii Electric Light Company

ENERGIZE YOUR LIFE



Bib # _____

Cash

Check