

An invitation to join the Big Island Road Runners for 2012



The BIRR organizes competitive and non-competitive running/jogging/walking events year round in Hilo and interesting locations on the island. We promote a healthy, fit, fun, social, and over-all well being lifestyle alinged to our island ambiance and to keep you feeling good – both physically and mentally. We welcome all ages and abilities – youth to seniors, please join us.

Membership Benefits:

- Email notification of the BIRR events and other community events or related running news.
- Discounts on club events such as the Hilo to Volcano 50k Ultramarathon and Relay, Hilo Bay 5 & 10K; Waikauamalo 7 miler. (This alone almost covers the membership cost!)
- We are a part of RRCA and you can sign-up for an emailed national running tidbits at rrca.org. Also, you will have automatic membership in the Road Runners Club of America.
- Feel good knowing you are supporting our awards/prizes, refreshments, the BIRR web-site, and supplies/equipment needed for our running events and the club insurance policy from RRCA.

Membership Type:

- Family - \$25 Annual (February 1, 2012 to January 31, 2013)
(Please print each family member's information below)
- Individual - \$20 Annual (February 1, 2012 to January 31, 2013)

AMOUNT ENCLOSED \$ _____

Note the new extended year to cover the Hilo to Volcano Ultramarathon /Relay

Please join today and also become an **active** member of our club – **VOLUNTEER** - we need support for each fun run and race event such as organizing snacks, set-up tables/tents, timing and results, emailing, updating the web site, etc. Check us out on the web: <http://www.bigislandroadrunners.org>

-----tear along this dotted line-----

Please Print all information Below

LAST NAME FIRST NAME Date of Birth

MAILING ADDRESS City State Zip code Home or Cell Phone

email Address (we only email events & newsletters)

FAMILY MEMBERS: NAME(s) Please print DATE OF BIRTH M F

Waiver:

I know that running and volunteering in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Big Island Road Runners Club and all sponsors their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by the guidelines.

SIGNATURE If under 18, parents or guardian must sign

DATE

Remit this form and check to :

BIRR
P.O. Box 1381,
Hilo, HI 96721



Live Life Fully